



NATURE COAST JOURNAL

DECEMBER 2021



THE JOURNAL IS BACK & NEEDS YOUR SUPPORT!

We create AA when we decide to adopt the AA way of life and make it our own. We voluntarily do the things we do to promote AA's common welfare and because we do this, because we are willing to help our fellow alcoholic achieve sobriety, we ensure our own recovery from the disease of alcoholism.

Please help to create the JOURNAL by sending in your stories, poems, articles, anniversary lists, and the like to News@NCintergroup.com. We will also consider original artwork and cartoons. A good laugh in any format is always welcome!

We will do our best to respond to every email and will make every effort to include your contributions in an upcoming issue of the JOURNAL. We look forward to hearing from you.

Have a great Holiday Season!

Thanks much everyone!



HOTLINE: 352-621-0599

Steps | Traditions | Concepts

STEP 12

“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and practice these principles in all our affairs.”

TRADITION 12

“Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.”

CONCEPT 12

“The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seal of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

**“Our stories disclose
in a general way
what we used to be like,
what happened,
and what we are like now.”**

**Send your stories, poems,
articles and anniversary lists
to:**

News@NCintergroup.com

**Your submission could appear
in an upcoming issue.**

CONTRIBUTIONS

District 28

P.O. Box 640914
Beverly Hills, FL 34464

Nature Coast Intergroup

P.O. Box 2634
Crystal River, FL 34432

North Florida Area Conference

(Please write District 28 and your group
number on the check)

P.O. Box 10094
Jacksonville, FL 32247

General Service Office

P.O. Box 459
Grand Central Station
New York, NY 10163

Bill Wilson's

Towns Hospital Transformation

Based upon Bill's story as described in *AA Comes of Age*, pages 62-64.

During his last hospital stay in December 1934, Bill W. underwent a sudden change in personality which released him from his alcoholic obsession.

Bill described it as entering upon "a new world of consciousness". He was soon to read of similar experiences described by William James. James is recognized as the founder of modern psychology in America. Bill read *The Varieties of Religious Experience* which confirmed that what he had experienced was real and had been experienced by others. Bill also soon realized that this personality change was effective because the message was passed from one alcoholic to another.

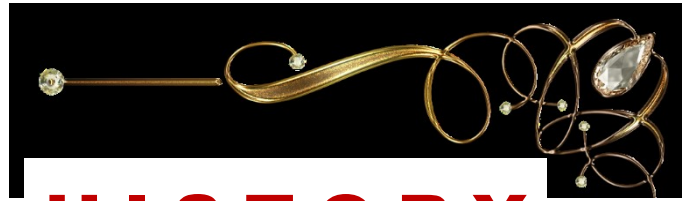
"Our very lives as ex-problem drinkers depend upon our constant thought of others and how we may help meet their needs." *Alcoholics Anonymous*, page 20

Bill W. died 50 years ago but we continue to carry the message from one alcoholic to another and AA lives on.

By Bill K.

Responsibility Statement

I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.



HISTORY

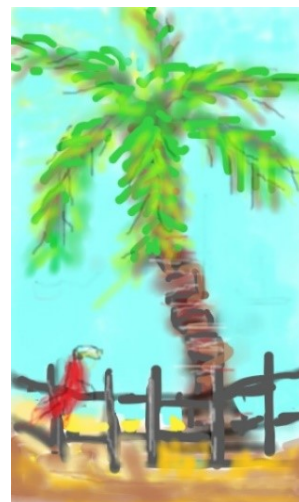
This is the place where we share how we used to live before AA, how we found sobriety in AA, and how we live the AA way of life on a daily basis today.

This is also where we share how our groups started, how they have grown, and how they help us stay sober today.

We also share how AA itself grew and how it continues to work today.

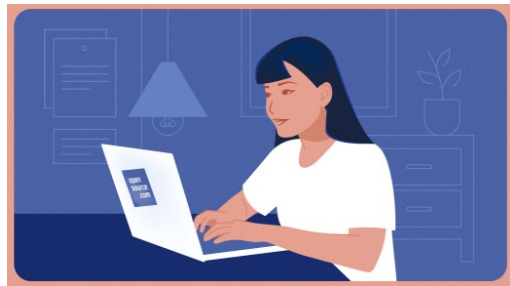
Please share your thoughts via email to news@NCintergroup.com

CORNER



**Nature Coast Intergroup and District 28 Business Meetings
are held on the first Sunday of the Month at 4:30 pm at
Shepherd of the Hills Episcopal Church
2540 West Norvell Bryant Highway
Lecanto, FL 34461
*District Meeting immediately follows Intergroup***

**VISIT NCINTERGROUP.COM
FOR THE LATEST
MEETING LOCATIONS AND TIMES,
NEWS AND OTHER RESOURCES**



WE NEED YOUR HELP!
YOUR SUBMISSIONS WILL MAKE OUR JOURNAL GREAT
Send us your short story about what it was like, what happened and
what it is like now.

Nature Coast Journal may publish your submission. Possible topics
include: Laughter and Fun in sobriety, Balance in and out of AA,
The Steps, Living your Dreams in Sobriety,
AA Humor / Jokes or any sobriety-related topic!

Email: news@ncintergroup.com

Happy Holidays!